



## **KFUN FM CARES**

Charity Name: Waterloo Regional Homes  
Contact Name: Susan Lewis  
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Event Name: Minds In Motion KW Walking Classic

Date of Event: Sunday, September 26, 2010

Location of Event: Waterloo Public Square

Time of Event: 7am-noon

Event Description: Minds in Motion is Canada's first ever competitive walkers-only race. It provides an opportunity for all walkers, from recreational to competitive, to participate in a 5km, 10km or (new this year) ½ marathon timed race. To participate walkers can either pay the entrance fees (there are early bird discounts) or fundraise. Walkers can register online or at Waterloo Regional Homes.

How will you use the money you raise?

In association with Waterloo Regional Homes for Mental Health all funds pledged and donated for the event will be used to equip persons facing serious mental health challenges with proper fitting athletic shoes. Many of these individuals are being supported through ODSP (Ontario Disability Support Program) or have minimum wage jobs and do not have the means to purchase adequate footwear for walking.

Event/Charity website to get more information: [www.kwwalkingclassic.com](http://www.kwwalkingclassic.com)